

# WHAT'S YOUR S.H.A.P.E.?



**DAY 1 – READ** 1 Corinthians 12:4-7 **AND PRAY** asking the Father to guide your heart today

## S

**Spiritual gifts I believe I have: (see below)**

- 1.
- 2.
- 3.

**I feel I may have these gifts because:**

- 1.
- 2.
- 3.

**Spiritual gifts that COMMUNICATE God's Word:**

preaching evangelism missions teaching leadership

**Spiritual gifts that EDUCATE God's people:**

teaching encouragement exhortation wisdom discernment knowledge

**Spiritual gifts that DEMONSTRATE God's Love:**

service mercy hospitality pastoring giving helping faith administering

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## H

“Delight yourself in the lord and he will give you the desires of your heart.”  
(Psalm 37:4)

**List some things you're good at and love doing:**

- 1.
- 2.
- 3.

**People compliment me when:**

**A**

The following are my strongest abilities:

- 1.
- 2.
- 3.

Other skills and/or abilities I'm learning and/or working on are:

- 1.
- 2.
- 3.

**P**

This is how I see myself: (circle 1 of the two words for each comment)

1. Around others I am more:  
**RESERVED** or **OUTGOING**
2. My decisions are based more on:  
**FACTS/THINKING** or **FEELINGS**
3. In my relationships I tend to be more:  
**DEPENDENT ON OTHERS** or **INDEPENDENT**
4. My use of time is more:  
**DETERMINED** or **SPONTANEOUS**

One example of why I circled each of the above is:

- 1.
- 2.
- 3.
- 4.

**DAY 3** – READ Romans 8:18-28 AND ASK the Holy Spirit to guide you again into all that Christ has taught

**E**

My spiritual experience (or how I became a Christian) in 1 paragraph:

Some painful experiences that I've had:

A past experience I've learned from is:

**S  
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**BRING IT ALL TOGETHER.** Your part to play in God's larger story is...  
**to engage with strength and love**  
**offering life and growth to our domain**

If you could design a specific way to serve God and engage your domain around your unique S.H.A.P.E., and you knew you couldn't fail, you might:

**PRAY** – committing to prayer whatever the Father may be asking you to do or believe today in light of what you wrote above